

Breaking the Hold of Sin

A. Understanding What Jesus Has Done for Us.

1. We have been proclaimed as righteous by our faith in the death of Jesus. Rom 3:21-31
2. ALL of our sins have been forgiven in Jesus through his blood. Heb 9:26
3. We have been made the righteousness of God in Jesus. 2 Cor 5:21
4. We have died with Christ and therefore are dead to sin. Rom 6:1-10
5. Therefore we are to reckon, consider ourselves, dead to sin. Rom 6:11
6. Sin has no dominion over us so we are to yield our members to righteousness. Rom 6:12-18
7. Jesus died so that you being dead to sin might live unto righteousness. 1 Pet 2:24
8. Live **from** righteousness, not to righteousness.

B. Seeking the Kingdom of God and His Righteousness

Matt 6:33

1. Seek **First** the Kingdom – make it a first priority in your life.
2. **Seek** the Kingdom – search out diligently to find out all you can about the Kingdom.
 - a. Get to know the King through the Word, prayer and fellowship with the Holy Spirit.
3. The **Kingdom of God** – the reign of God over your life; consecrate yourself, your relationships, your possessions and all you are. Make the Word of God your kingdom constitution.
4. Seek the Kingdom and His **righteousness** – God’s way of doing things. The Kingdom is manifested in your life as you conduct your life God’s way.
5. The Kingdom of God is righteousness, peace and joy in the Holy Spirit. Rom 14:17
 - a. Stay in the Kingdom by monitoring your 3 thermostats – patience, peace and joy.
6. Start your day by establishing the Kingdom of God in you, your life, your home and in all that is under your influence.

C. Staying in the Kingdom.

1. Confess your sins:
 - a. Use 1 John 1:9 to confess your sins:
 - Whenever you know that you have sinned.
 - After a period of hours during which you are not aware of sinning.
 - Before approaching God in prayer or any communication with Him.
 - Before receiving Communion.
 - Before giving your tithes and offerings.
 - b. Cautions concerning unknown sins.
 - Do not list commonly committed on-going unknown sins unless you have actually sinned. Doing so is a sign of unbelief that you have been forgiven of all unrighteousness and opens the door for attack from the evil one.
 - Do not “confess my unknown sins,” you cannot confess what you do not know. Receive your forgiveness for all unrighteousness and thank God.

2. Repent, Renounce and Break (RRB).
 - a. Repent: There are 2 Greek words translated repent.
 - Metamelomai (G3338) means to care after, to regret and is used 5 times.
 - Metanoeo (G3340) means to think differently, to reconsider and to change your mind and is used 32 times.
 - True repentance will involve regret (mourning) (Jam 4:8) but primarily involves a change of mind, a new way of thinking which has to come from the Word of God (Rom 12:2).
 - b. Renounce: Renounce the evil one's legal right to have access to any area of your life.
 - c. Break: Break every tie and connection to evil in your life.
3. The 3 Witness Anointing: From 1 John 5:7-8.
 - a. Anoint yourself and all your parts with water to wash out all evil behind your sin and in your life.
 - b. Anoint yourself and all your parts with blood to bring healing to every part cleansed by the water.
 - c. Anoint yourself and all your parts with the oil of the Holy Spirit to fill every place in your being and give you dominion over all that has had dominion over you.
4. Cast out the demons, devils and evil spirits from your life and all that pertains to you. Mark 16:17

D. Desiring Not to Sin

1. Understand the depth of your sin and its utter offense to a pure and holy God. Isa 59
2. Understand how your personal sinfulness affects your relationship with God. Isa 6:1-7
3. Understand the depth of love that Jesus had when He took your sin upon himself. Rom 5:8
4. Hunger and Thirst for righteousness. Matt 5:6
 - a. Learn to hate sin and the evil way as you develop in the fear (awe) of God. Prov 8:13
 - b. Learn to love righteousness by dwelling in the peace, love and joy of God. Rom 14:17
5. Ask God to teach you righteousness.
6. Consecrate yourself to God, "I never want to sin again, so I ask you to help me by your Holy Spirit."

Daily Prayers to Overcome Sin

How to confess your sins:

Pray every time after sinning:

Heavenly Father, in the Name of Jesus, I confess all sins, including the sins of (*list all sins*). I thank You that Your Word (*1 John 1:9*) promises that, when I confess my known sins, You also cleanse me of all the unknown ones.

OR

Before praying, receiving Communion or doing anything holy or just every few hours:

In the Name of Jesus, I am not aware of any sins since the last time I confessed my sins, so right now I am asking You to cleanse me of all my unknown sins (*1 John 1:9*). I ask you to reveal to me my unknown sins so I can repent from them and stop doing them.

THEN CONTINUE:

In the Name of Jesus, I receive forgiveness for all my sins because my sins have been washed away by the precious Blood of Jesus and I come under the protection of the Blood of Jesus. In the Name of Jesus, I repent of my sins and turn my back on them. In the Name of Jesus, I renounce satan and every demon, devil and evil spirit behind these sins and I take away their legal right to influence me because of these sins. In the Name of Jesus, I break every tie and every connection between me and these sins and the devils, demons and evil spirits behind them. In the Name of Jesus, I ask the Spirit of God to fall afresh upon me (*Isa 11:2*).

In the Name of Jesus, I bind satan and all his demons, devils and evil spirits this day from me, my body, my life, my family, my home, my finances and my health and cast them out of my life. In the Name of Jesus, this day I loose into my life and into all that concerns me the Will of my Heavenly Father, the powers of Heaven and the angels of God. (*Matt 18:18*).

Giving Yourself Wholly to Him

Jesus I love you with everything that I am. I love you with all my heart, I love you with all my soul, I love you with all my mind and I love you with all my strength (*Matt 22:37*). In the name of Jesus, I give you this day all my heart, soul, mind, brain, memory, five senses, tongue, every cell, every organ, every system and all the empty spaces in my body including my head. In the name of Jesus, I ask the Holy Spirit to help me so I don't take it back.

In the name of Jesus, I thank you for all the gifts and abilities and all my resources and assets that you have given to me and I willingly give them to you for the kingdom of God. You are my everything, so therefore, I give you everything. I willingly die to myself and present myself to you as a living sacrifice so I can be prepared for your use in this world. I reckon myself dead to sin and yield my members as instruments of righteousness unto holiness. In the name of Jesus, I have been bought with a price so I am no longer my own but I belong to you so you can glorify yourself through me. Jesus, I am yours!

Seeking the Kingdom of God

In the name of Jesus, having confessed my sins and having cast the demons, devils and evil spirits out of my life I establish the kingdom of God over my life. In the name of Jesus, I choose to seek the kingdom of God and His righteousness above all else. Father, teach me what it means to have you as King over my life. Teach me to yield to you, to obey you as you teach me through the Word and your Spirit. Since the kingdom of God is righteousness, peace and joy in the Holy Spirit, in the name of Jesus, I want to live in that place of righteousness where sin has no voice in me. I want to live enveloped with the peace of God where fear has no place in me. I want to live with a fountain of joy from my spirit that no demon, devil or evil spirit can contain. Holy Spirit, help me to recognize the instant that either of these begins to slip so I can move back into the fullness of your kingdom by confessing my sins. I desire to live on earth as in heaven which is living in your kingdom all the time. In the name of Jesus, I commit in my heart to live every moment in your kingdom.

Desiring Not to Sin

Heavenly Father, I thank You for Jesus Christ, Your Son. He is my Savior, my Lord, my Cleanser, my Deliverer, my strong tower, my strength, my personal bravery and my invincible army (Hab 3:19 Amp). As Moses asked, Father, show me your glory; I want to know the fullness of your glory, your holiness and the depth of your love toward me through Jesus so I can be filled with all the fullness of God (Eph 3:19).

Jesus bore all my sins and nailed them to the cross so that I am the righteousness of God in Christ Jesus (2 Cor 5:21). So, in the Name of Jesus, I reckon (count) myself dead to sin but alive to God through Christ Jesus, my Lord (Rom 6:11).

Jesus bore my sins in His body on the tree that I, being dead to sin, should live unto righteousness, by whose stripes I have been healed (1 Pet 2:24). Jesus paid the price that I should live a holy life, a righteous life, because my Father is Holy.

Therefore, I commit in my heart never to sin again. I ask You, Holy Spirit, to help me not to sin, to lead me not into temptation and to deliver me from evil. I choose to hunger and thirst for righteousness knowing that you promised that I shall be filled.