

Guarding Your Heart

Overview: Man is made up of 5 parts, the spirit, the heart, the soul, the mind and the body. To grow and mature as a Christian the heart is the essential ingredient. A heart that is fully fixed on God and instructed by the Word of God will lead to a life of blessing, power and authority which is able to overcome every challenge of life.

A. Understanding the Heart.

1) Secular: Core Values

Core values underpin how you live your life. They are unspoken rules and regulations, terms and conditions by which you have *agreed to* and ultimately live by. Whether or not you consciously consult or are aware of them isn't important, they are the captain of what you do, what you believe as the *truth* and they are the result of what your life looks like.

2) Under the Old Covenant.

- a) He that trusts in his own heart is a fool. Pro 28:26
- b) The good heart – Pure, righteous, wise, perfect, etc. Pro 24:4; 15:28; 16:23; Ps 102:3
- c) The evil heart – Wicked, foolish, unbelieving, forward, etc. Pro 10:20; 15:7; Heb 3:12; Pro 17:20
- d) A heart that devises wicked imaginations. Pro 6:18; Gen 6:5
- e) Out of the heart of men proceed evil thoughts, adulteries, etc. Mark 7:21-22

3) The regenerated Heart.

- a) The love of God is shed abroad in our hearts. Rom 5:5
- b) We have a new heart, a heart of flesh, the word written on our hearts. Eze 36:26; Heb 8:10-11
- c) Sin can be in your heart. Heb 3:12; Ps 66:18
- d) Let Christ dwell fully in your heart. Eph 3:17

4) Characteristics of the Heart.

- a) As a man thinks in his heart, so is he. Pro 23:7
- b) Out of the abundance of the heart the mouth speaks. Matt 12:34
- c) A good man, out of a good heart brings forth good things. Matt 12:35

B. Guarding the Heart.

- 1) Guard) your heart, with all diligence, for out of it are the issue of life. Pro 4:23
- 2) Control the input gates, garbage in...garbage out. Pro 4:20-27
- 3) Control your words. Pro 26:24-25; 6:23
- 4) Guide your heart in the way (the way of the Lord). Pro 23:19

C. Changing the Heart.

- 1) Starts with the mind; renew your mind to the Word of God. Rom 12:2
- 2) Act (continually) on the word to get it into your heart. Jam 1:21-25; John 8:31-32
- 3) Speak the word to release the anointing and power. Matt 12:34; Mark 16:20
- 4) A changed heart produces a prospering soul and a changed life. 3 John 2

D. Living from the Heart.

- 1) A soften heart hears the voice of God Heb 3:7
- 2) A pure Heart. Ps 24:4; Pro 20:9; Matt 5:8; 1 Tim 1:15; 1 Pet 1:22
- 3) A perfect Heart. 1 Kin 11:4; 1 Kin 15:14; 2 Kin 20:3; 2 Chr 16:9
- 4) A Heart of righteousness. Pro 15:28; Ez 13:22
- 5) A Heart of the wise & prudent. Pro 16:23; Ecc 7:14; Pro 18:15
- 6) A fixed Heart. Ps 112:7-8
- 7) Singleness of Heart. Eph 6:5; Col 3:22
- 8) Seeking God with your whole Heart. Ps 9:1; Ps 119:2, 10, 34; Jer 24:7; 29:13
- 9) A merry Heart. Pro 15:13, 15; 17:22