

## Introduction to a Lifestyle of Spiritual Warfare

### 1) Healing Methods

#### A) Primary Methods for Receiving Your Healing (Praying in Faith)

- a. God has provided healing for all people, regardless of where they are.
- b. Identify where you are in knowledge and faith. Select one of the tools listed below.
- c. Use of this tool becomes your point of contact for releasing your faith. This means that you do this only **once** per challenge because you believe that you receive when you release your faith.
  1. Anointing with oil            James 5:14 - Requires at least three people.
  2. Prayer of Agreement        Matt 18:19 - Requires at least two people.
  3. Asking in Faith             Mark 11:24 - Requires one person, asking God for healing.
  4. Prayer of Authority         Mark 16:17; Mark 11:23; John 14:14  
- Requires one person, who realizes that healing was paid for on the cross.
  5. Laying of hands             Mark 16:18  
- On a believer, only if minister is operating under the anointing.  
- On an unbeliever, any time as a sign and wonder.
  6. Gifts of the Holy Spirit     1 Cor 12:4-11  
- For any person when manifestation of the gifts are flowing.

#### B) Secondary Methods for Receiving Your Healing (Spiritual Warfare)

- a. Recognize that health and healing belong to you and satan is trying to steal your healing.
- b. Having done all to stand, keep standing on your faith for healing.
- c. Keep pressing in against the enemy by using the following tools as often and as many times as you deem it necessary. It is one of your actions for standing in faith and remaining in patience.
  1. Confessing your sins            1 John 1:9; James 5:16  
- To God frequently; to another person, periodically, for cleansing and breaking curses.  
- Confess every known sin asap; unknown sins, perhaps every 1 – 2 hours.  
- Confess - Repent, renounce, break - Bind up and cast out - Invite H.S. to fall upon you.
  2. Prayer of Affirmation            Mark 11:23; Heb 10:23  
- Aloud, in the Name of Jesus, increasing the number of repetitions.
  3. Communion                        1 Cor 11:23-25  
- Once per day as a lifestyle; frequently during challenges.
  4. Reading the Bible                Joshua 1:8  
- Read especially Healing Scriptures and especially **aloud**.
  5. Praise and Worship             Psalm 8:2; Matt 21:16; Psalms 27:6  
- 7 by 24 Christian music in your home is great.
  6. Worshipping God in your body: Praise stills the avenger and so we praise Him by:
    - Dancing before the Lord        Psalm 150:4 - Lifting holy hands I Tim 2:8
    - Kneeling/Lying before Him    Rev.1:17
  7. Praying in tongues             Rom 8:26; 1 Cor 14:2, 14  
- The more the better: an hour per day is a good goal.
  8. Fasting                             Isaiah 58:6-8  
- Regular weekly fasting is necessary for an ongoing walk of victory.
  9. Breaking curses                 Matt 12:29; Luke 10:19-20; 11:17-26  
- Make a list of sins by category and break curses with a HS Sem 3 graduate.
  10. Resist the devil by doing things your body does not want to do.
    - Example A person with foot pain should use the foot in as normal a lifestyle as is possible, subject to dealing with the pain. Any regular activity which requires the use of the foot should be used as an opportunity to press in against the devil. However, remember that a Christian should be obedient to authority and therefore should **not disobey** hisr doctor.

## 2) Daily Scenarios

### A) Introduction

Below are steps in a Faith Scenario which have been prescribed with very great success to those who have been acutely, terminally challenged. It is recommended that they do these scenarios 4 to 5 times per day. The foundation, of course, for the Daily Scenarios is reading (actually, studying) the Bible daily, especially healing Scriptures.

### B) Daily Scenarios Steps

Below are the recommended steps in spiritual warfare for overcoming sickness and disease and gaining back one's health. The person who is challenged should do all of the following 4 to 5 times per day.

- a. Confess sins, known and especially unknown (1 John 1:9), and break curses.
- b. Bind demons in your home and cast them out (Matt 18:18).
- c. Establish the Kingdom of God in your home.
- d. Invite the Spirit of the Lord to fall afresh upon you (Isaiah 11:2).
- e. Bind the spirit of infirmity in or on your body and command it to leave (Luke 13:11-12).
- f. Receive Communion (1 Cor 11:23-25).
- g. Thank the Lord for your healing.
- h. Do from 100 - 500 affirmations of thanksgiving each scenario (1/2 general, 1/2 specific).

For example: "I have been healed by the stripes of Jesus." (1 Peter 2:24).

"My right knee has been healed by the stripes of Jesus" (address the part of the body that is challenged **not** the symptom **nor** disease i.e **not** my diabetes has been healed.

Or "Thank you, Lord, that I have been healed by the stripes of Jesus."

Thank you, Lord, that my right knee has been healed by the stripes of Jesus"

### C) Effective Examples of Mini-Scenarios

Each of these mini-scenarios has produced miraculous healing manifestation in many people. You may mix and match to your satisfaction. However, if you are having difficulties in receiving the desired manifestation, then please force yourself to do the scenarios, which you would personally prefer **not** to do (i.e. it goes against your basic "personality or nature").

- a. Confess sins (CS). Do 100 affirmations (or 5 minutes). Repeat every 15 minutes.
- b. CS. Forgive from your heart everybody who has ever said or done anything to you or about you that was displeasing to you or to your Heavenly Father; forgiving everybody from your conception and birth up until right now. Then, in the Name of Jesus, bless them.
- c. CS. Receive Communion. Do 100 affirmations. Repeat every 15 minutes.
- d. CS. Praise & Worship. Do Affirmations, Receive Communion. Repeat as needed.
- e. CS. Praise & Worship. Dance before the Lord until the challenge leaves.
- f. CS. Read the Bible aloud for an hour. Book of Mark is recommended.
- g. CS. Receive Communion. Pray in tongues for 10 minutes. Repeat every 15 minutes.
- h. CS. Begin a fast. (Note. Fasting something easy or simple is fine). Do any of the mini-scenarios.
- i. CS. Do 50 affirmations. Receive Communion. Do something physical, which you really don't feel like doing (e.g. Sit up in bed instead of lying down or go do a chore.)
- j. CS. Remind God and the devil that you have already forgiven everybody; now bless them again.
- k. CS. Bless everybody. Forgive God and bless Him. Forgive yourself and bless yourself. Bind the mercy of God to yourself.
- l. CS. Bless yourself. Bless your body. Bind the mercy of God to your body, and to every cell, organ and system.
- m. CS. Receive Communion. Bind up the demons, devils and evil spirits of infirmity or pain or fear and in the Name of Jesus, command them to leave you, your body, your home and your life. Receive Communion again. Do 200 affirmations. Repeat as needed.