

Biblical Examples of Affirmations

A) Definition

1. The Prayer of Affirmation is speaking/declaring God’s Word over yourself or your situation.
2. You are what the Bible says you are. You can do what the Bible says you can do. So, speaking affirmations is calling yourself what the Bible says you are.
3. It is the profession of your faith. Heb 10:23
4. It is the faith which you confess. Heb 10:23 Ampl
5. You affirm constantly the faithful promises of God. Tit 3:8
6. For it is His prophets, repeating over and over (.. precept and line ...) Isa 28:10 Ampl
7. The Book of the Law shall not depart out of your mouth. Josh 1:8

B) Old Testament Examples

1. Ten times God spoke things into existence Gen 1
2. Methuselah (At his death, it shall be sent – 969 years of affirmations). Gen 5:27
 $782 (G 5:26) - 182 (G 5:28) = 600$ (years to M’s death & Noah’s age). Gen 7:11
3. Abraham/Sarah meaning father and mother of nations. Gen 17:5, 15
4. Moses changed the name of the son of Nun from Oshea to Jehoshua. Num 13:8,16
 which means Jehovah-Saved.
 (Hoshea - Deut 32:44), (Joshua - Deut 34:9, Num 32:28, Joshua 1:1).
5. Ten times the Hebrews, after delivery from Egyptian slavery, cursed themselves saying God had brought them out to die in the wilderness. Num 14:22
6. David declared 4 times that he would slay Goliath. 1 Sam 17:26-51
7. The Shunammite woman said two times, “It is well” 2 Kings 4:18-26

C) New Testament Examples

1. God named the Living Word, Jesus, which means Savior. Luke 1:31
2. Zacharias’ mouth was shut up so he could not speak negative affirmations regarding the miraculous birth of his son, John. Luke 1:20
3. John spoke the prophecy of Isaiah, “Prepare ye the way of the Lord.” John 1:23
4. Jesus changed Simon to Peter, which means a rock. Matt 16:17,18
5. Saul, the Christian persecutor, became Paul the Apostle. Acts 13:9
6. She kept saying, “If I touch the hem of His garment, I shall be healed.” Mark 5:28 Ampl
7. Three times Jesus led Peter in declaring his love for Jesus. John 21:15-17
8. Communion: As often as you do this, you remember (enact) His death. 1 Cor 11:26

D) Future Examples

1. Thy Will be done on earth as in Heaven. Matt 6:10
2. Thy Kingdom come. Matt 6:10
3. Come quickly, Lord Jesus! Rev 22:20
4. His glory shall cover the earth. Num 14:21
5. Then we which are alive and remain shall be caught up together with them in the clouds, to meet the Lord in the air: and so shall we ever be with the Lord. 1 Thes 4:17
6. We shall not all die, but we shall all be changed, 1 Cor 15:51
7. The Day of Judgment is coming. 1 Joh 4:17