

What is Long Life?

Overview: With long life, will I satisfy you. Ps 91:16

A. What is Long Life?

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| 1. Before the Fall | Live forever | Gen 2:17 |
| 2. Before the Flood | 905 – 969 except for 895 (Mahalaleel) & 777 (Lamech) | See over |
| 3. Before Babel | 433 – 464 except for 600 (Shem), born 100 years before the flood | |
| 4. Before Israel | 175 – 239 except for 148 and 147 | |
| 5. Before Christ | | |
| a) Joseph | 110 | |
| b) Moses | 120 | |
| c) Joshua | 110 | |

B. Long Life in the Present

1. Disobedient
 - a) The disobedient died off in the wilderness at 70 to 80. Psalm 90:7-10
 - b) But it shall come to pass, if thou wilt not hearken unto the voice of the Lord thy God that all these curses shall come upon thee, and overtake thee: Deut 28:15
2. Obedient
 - a) The obedient will be satisfied with long life. Psalm 91:16
 - b) The years of man shall be 120. Gen 6:3
 - c) Moses, a servant, died at 120. Deut 34:7
3. Today
 - a) Today, our spirits are born again (John 3:5-7). We are in the family of God. Rom 8:16
 - b) Least in Kingdom is greater than John the Baptist, greatest born of woman. Luke 7:28
4. We have a better covenant, wherein our sins have been nailed to the cross. Col 2:14
5. Examples of moving towards 120
 - a) Over 100,000 Americans over 100 years old.
 - b) Percentage wise, the fastest growing segment of US population is over 90.
 - c) Last survivor of WW1 died in 2009 at 111.
 - d) Otis Clarke at 106 was still preaching and driving himself across the country.
 - e) Dillon Health Seminar stresses 120 years based on exercise and nutrition.

C. Re-Born Man

1. Better covenant with better promises
 - a) We are new creations in Christ Jesus; all things are become new. Heb 8:6
 - b) We have been blessed with all spiritual blessings. 2 Cor 5:17,18
 - c) The prophecy says that we can cancel the appointment with death. Eph 1:3
2. Examples of our better covenant
 - a) Jesus (Mark 6:49) and Peter walked on water. Ps 102:20
 - b) Philip came out the water and was translated to a place about 20 miles away. Matt 14:29
3. We are partakers of the divine promises. Acts 8:39
4. The same Holy Spirit, Who raised Jesus from the dead, gives life to your body. 2 Peter 1:4
5. As you believe, so shall you receive. Rom 8:11
- a) We shall not all die. Mark 5:36
- b) Who is alive and believes in Jesus shall never die. 1 Cor 15:51

Suggestion: Affirm, “In the Name of Jesus, I count myself dead to sin but alive to God.” Rom 6:11

Bible Life Spans

No.	Name	Age	Reference or Comment
1	Adam	930	Gen 5:5
2	Seth	912	Gen 5:8
3	Enos	905	Gen 5:11
4	Cainan	910	Gen 5:15
5	Mahalaleel	895	Gen 5:18
6	Jared	962	Gen 5:20
7	Enoch	365	Gen 5:23
8	Methuselah	969	Gen 5:27 – When I die, the flood shall come..
9	Lamech	777	Gen 5:31
10	Noah	950	Gen 5:32, 9:29
11	Shem	600	Gen 11:10,11- born when Noah was 500, 100 years before flood when the building of the ark was started.
12	Flood		Gen 7:11 – Came when Noah was 600 years old. He started building ark at 500, 100 years before the flood.
13	Arphaxad	438	Gen 11:12,13
14	Salah	433	Gen 11:14,15
15	Eber	464	Gen 11:16,17
16	Babel		Gen 10:32 The Tower of Babel, man's solution
17	Peleg	239	Gen 11:18,19
18	Reu	239	Gen 11:20,21
19	Serug	230	Gen 11:22,23
20	Nahor	148	Gen 11:24,25
21	Tehrah	205	Gen 11:32
22	Abraham	175	Gen 25:7
23	Isaac	180	Gen 35:28
24	Jacob (Israel)	147	Gen 47:28
25	Joseph	110	Gen 50:26
26	Moses	120	Deut 34:7
27	Joshua	110	Joshua 24:29