

I Am What God Says I Am
Part 5

Healthy, Healed and Whole

Overview: Man living healthy, healed and whole has always been part of God’s plan. From the garden in Genesis to heaven in Revelation God has planned for His people to be walking in divine health. Our salvation package secured for us by the shed blood of Jesus on the cross includes healing. God does not expect anything less than his people walking healthy, healed and whole. See yourself the way God sees you.

A. The God of Healing

1. Adam & Eve in the garden – Perfect. Gen 2:17
2. I am the God that heals you – Jehovah Rapha. Exodus 15:26
3. The coming healing Messiah. (The Story of Healing) Isa 53:4-5 AMP

Surely He has borne our griefs (sicknesses, weaknesses, and distresses) and carried our sorrows and pains [of punishment], yet we [ignorantly] considered Him stricken, smitten, and afflicted by God [as if with leprosy]. But He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement [needful to obtain] peace and well-being for us was upon Him, and with the stripes [that wounded] Him we are healed and made whole.

4. Jesus came healing. Matt 8:16-17

When the even was come, they brought unto him many that were possessed with devils: and he cast out the spirits with his word, and healed all that were sick: That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare our sicknesses.

5. Our healing was sealed at the cross. 1 Pet 2:24

Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

6. Is there any sick among you? No! James 5:14-15

B. Seeing Yourself Healed

1. The eye of faith. Heb 11:1; Heb 6:12-18
2. Not walking by sight. 2 Cor 5:7
 - a. Stop looking at the symptoms.
 - b. Stop looking for the manifestation.
3. You are the healed of the Lord.
4. Don’t accept the lies of the enemy.

C. How to Live as the Healed of the Lord

1. Live continually in the Kingdom of God. Matt 6:33; Rom 14:23
2. Resist the devil. James 4:7
 - a. Speak to him and your body – NO! satan go, body line up to the Word of God.
 - b. Do the opposite – by faith.
3. Look to the Lord; focus on drawing closer to Him. Heb 12:2; Heb 11:6
 - a. Confess your sins. 1 John 1:9
 - b. Increase the anointing in your life. Is 10:27
4. Act and Speak in alignment with your eye of faith. Mark 11:24
5. Affirm consistently, “I have been healed by the stripes of Jesus.” 1 Pet 2:24
 - a. As needed add a specific, “My knee has been healed by the stripes of Jesus”
6. Many challenges? Start with the most life altering (i.e., pain, weakness, etc.).

Recommendation: Spend time meditating on God’s view of you as **Healthy, Healed and Whole**.