

## **Guard Your Heart – Parts 1 and 2**

### **A. Jesus Is the Reason for the Christmas Season.**

1. During this holiday Christmas season, focus on the fact that JESUS IS THE REAL REASON FOR THE SEASON.
  - a. Do not allow any worldliness to distract us from enjoying the benefits of Christmas of celebrating the birth of our Lord and Savior, especially with family and loved ones!
2. Learn to guard your heart with all diligence for out of it flow the issues of life (Prov 4:23).
  - a. Let God heal your heart that may be broken (Ps 147:3).
  - b. God can shed more of His love into your heart and strengthen you by His Spirit in your inner man as Jesus Christ dwells in your heart (Eph 3:17).
  - c. God can soften your heart which used to be stony ground with His compassion and mercy so that you see in all others the glory of our King (Ez 36:26).
  - d. Christmas is about sharing your heart and God's Love as the best gift as He gave us Jesus as His Son to redeem us because of how much He loves the world, He gave His only begotten Son to be the sacrificial Lamb.
  - e. Let your heart teach your mouth (Prov 16:23).
  - f. Declare that, out of the abundant goodness in your heart, your mouth speaks (Matt 12:34).
  - g. Determine in your heart to speak only that which you hear your Heavenly Father speak. Put a watch over your tongue to prevent sins against God (Ps 141:3).

### **B. Be An Encourager.**

1. Encourage others and encourage yourself.
2. Choose to speak blessings and not cursings (Deut 30:19).
  - a. Anyone who feels stagnated or need to get out of a slump so God can give them a renewed fire of God to move forward.
  - b. Use divine wisdom even when going through hard things.
  - c. God will help everyone go through it to remind us of His hope and give us restoration, vitality, energy, and zeal.
3. El Shaddai is providing for us every single thing that we need.
4. How great is God's power is inside of you to help you and to be used to minister to others supernaturally.

### **C. Put on the Garment of Praise.**

1. During the holidays, some people get depressed, discouraged, and grief may be tougher.
2. You are never alone and God is always with you.
3. Shrug off negativity like when you take off an old coat.
4. Put on the Garment of Praise like King Jehoshaphat and his praisers shouted out, "Praise the Lord for His mercy endures forever!"
5. It stops the avenger and all enemies.
6. It will bring you victory and abundance too!
7. Praise report topics: Family reconciliation, miraculous healing got a 633er out of her wheel chair, overcoming grief, dealing with toxic relationships, and patience when interceding for loved ones to turn around

### **D. God's Release and Increase.**

1. Phil 3:13-14 (CEV) says, 13 My friends, I don't feel I have already arrived. But I forget what is behind, and I struggle for what is ahead. 14 I run toward the goal, so I can win the prize of being called to heaven. This is the prize God offers because of what Christ Jesus has done.
2. Phil 3:20 (NKJV) says, For our citizenship is in heaven, from which we also eagerly wait for the Savior, the Lord Jesus Christ, 21 who will transform our lowly body that it may be conformed to His glorious body, according to the working by which He is able even to subdue all things to Himself.
3. Psalms 115:14-18 (NKJV) says, May the LORD give you increase more and more, You and your children. May you be blessed by the LORD, Who made heaven and earth. The heaven, even the heavens, are the LORD's; But the earth He has given to the children of men.