

## Back to Basics – Healing is Already Ours

**Overview:** Jesus' death, burial, and resurrection secured for us an amazing salvation package. It includes not only our spiritual regeneration but healing for our bodies, and so much more. Jesus has already done it, we are not trying to get God to heal us, but by faith we are walking out our healing until we see the manifestation.

### A. Healing Is Already Ours

1. The Partnership – What Jesus has done.
  - a. The Story of Healing.
    - The Messiah would bear our infirmities. Isa 53:4-5
    - He healed all to fulfill the Isaiah prophecy. Mat 8:16-17
    - By His stripes (wounds) we were healed. 1 Pet 2:24
  - b. All the promises belong to us through inheritance. Rom 8:16-17
  - c. All Scripture is inspired by God (God breathed). 2 Tim 3:16
  - d. It is impossible for God to lie. Heb 6:18
2. The Partnership – What we do.
  - a. Believe the things we say without doubting in our heart. Mark 11:23
  - b. Believe that we have received when we pray. Mark 11:24
  - c. Abraham believed God, accounted as righteousness. Rom 4:3; 18-22
  - d. As thou has believed, so shall it be done unto you. Matt 8:13
  - e. All things are possible to them that believe. Mark 9:23

### B. Walking Out Our Healing

1. The Key – release the anointing. Mar 16:20; Joh 7:37-39
2. Faith is the substance of things hoped for, the evidence of things not seen. Heb 11:1
3. Faith without works is dead, believing adds the works. Jam 2:17-26
4. What does faith (believing) look like? It is seen in our thoughts, attitudes, and ultimately, in our words and actions.
  - Thoughts – bring every thought captive to Christ. 2 Cor 10:5
  - Attitudes – I will win, no matter what. Healing is mine. Matt 11:12
  - Words – life is in the power of the tongue. Speak the Word. Pro 18:21
  - Actions – Act on the Word you know. Faith that works. Jam 2:22
5. Believing the Word in your heart leads to complete salvation. Luke 8:12
6. I believe; therefore I have spoken. 2 Cor 4:13
7. These signs shall follow them that believe. Mar 16:17

### **C. Eliminating Hindrances to Healing (These Stop the Anointing)**

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| 1. Fear subverts our believing; do not fear, only believe.        | Mar 5:36     |
| a. Let not your heart be troubled, believe in God, believe in me. | John 14:1    |
| 2. Guilt and condemnation cause us to lose confidence (faith).    | 1 Jo 3:18-22 |
| a. Confess your sins – forgiven and cleansed. USP's               | 1 Jo 1:9     |
| 3. Because of your unbelief, if you had faith...                  | Matt 17:20   |
| 4. Forgive others so God will forgive you                         | Matt 6:14    |
| a. Be filled with the love of God.                                | Eph 3:17-19  |
| 5. Be clothed with humility. God resists the proud.               | 1 Pet 5:5-6  |

### **D. Actions of Faith to Increase the Anointing (Spiritual Warfare)**

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| 1. Strategic Actions:  |                |
| • What you do between the “Amen” and the “there it is.”      |                |
| • Stand, Withstand, Stand, Keep Standing.                    | Eph 6:10-14    |
| • Engaging in Spiritual Warfare.                             | Eph 6:15-17    |
| ○ Knowing who you are in Christ.                             |                |
| ○ Knowing what you have in Christ.                           |                |
| ○ Speaking what you know – The Sword of the Spirit.          |                |
| • Walk by faith, not by sight.                               | 2 Cor. 5:7     |
| • Keep affirming God’s Word with your mouth.                 | Titus 3:8      |
| • Keep studying God’s Word to renew your mind.               | Rom 12:2       |
| 2. Tactical Actions: Possible Matrix Items to consider. FAP  |                |
| Confessing your sins when needed, USP frequently.            | 1 Jo 1:9       |
| Affirmations – general and specific.                         | Heb 10:23      |
| Communion.   | 1 Cor 11:23-25 |
| Reading the Word.  | Jos 1:8        |
| Praise and Worship.  | Psa 8:2        |
| Worship God in your body – dancing, raising hands, kneeling. | Psa 95:6       |
| Pray in Tongues.   | 1 Cor 14:2     |
| Fasting – regular weekly fasting.                            | Matt 6:16-18   |
| Breaking Curses – cutting off the demonic attachments.       | Acts 10:38     |
| Resist the devil by acting on your healing in your body.     | Jam 4:7        |