

## Overcoming Denominational Barriers Part 6 Holy Communion

**Overview:** Communion is remembering, re-enacting, establishing and releasing the power of the Last Supper in our lives.

### A. Communion in the New Testament.

#### 1. Matthew.

Mat 26:26 And as they were eating, Jesus took bread, and blessed [it], and brake [it], and gave [it] to the disciples, and said, Take, eat; this is my body.

Mat 26:27 And he took the cup, and gave thanks, and gave [it] to them, saying, Drink ye all of it;

Mat 26:28 For this is my blood of the new testament, which is shed for many **for the remission of sins.**

#### 2. Mark.

Mar 14:22 And as they did eat, Jesus took bread, and blessed, and brake [it], and gave to them, and said, Take, eat: this is my body.

Mar 14:23 And he took the cup, and when he had given thanks, he gave [it] to them: and they all drank of it.

Mar 14:24 And he said unto them, This is my blood of the new testament, which is **shed for many.**

#### 3. Luke.

Luk 22:19 And he took bread, and gave thanks, and brake [it], and gave unto them, saying, This is my body which is given for you: this do in remembrance of me.

Luk 22:20 Likewise also the cup after supper, saying, This cup [is] the **new testament in my blood,** which is shed for you.

#### 4. 1 Corinthians.

1Co 11:23 For I have received of the Lord that which also I delivered unto you, That the Lord Jesus the [same] night in which he was betrayed took bread:

1Co 11:24 And when he had given thanks, he brake [it], and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me.

1Co 11:25 After the same manner also [he took] the cup, when he had supped, saying, This cup is the new testament in my blood: this do ye, as oft as ye drink [it], in remembrance of me.

1Co 11:26 For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till he come.

1Co 11:27 Wherefore whosoever shall eat this bread, and drink [this] cup of the Lord, **unworthily,** shall be guilty of the body and blood of the Lord.

1Co 11:28 But let a man **examine** himself, and so let him eat of [that] bread, and drink of [that] cup.

## B. The Passover Foreshadowed Communion.

1. Exo 12:5 Your lamb shall be without blemish, v6 ... ye shall kill it in the evening. v7 And they shall take of the blood, and strike [it] on the two side posts and on the upper door post of the houses, wherein they shall eat it.
2. Exo 12:8 And they shall eat the flesh in that night, roast with fire, and unleavened bread; [and] with bitter [herbs] they shall eat it.  
Exo 12:10 And ye shall let nothing of it remain until the morning; and that which remaineth of it until the morning ye shall burn with fire.
3. Exo 12:12 For I will pass through the land of Egypt this night, and will smite all the firstborn in the land of Egypt, both man and beast; and against all the gods of Egypt I will execute judgment: I [am] the LORD.  
Exo 12:13 And the blood shall be to you for a token upon the houses where ye [are]: and when I see the blood, I will pass over you, and the plague shall not be upon you to destroy [you], when I smite the land of Egypt.
4. Psa 105:37 He brought them forth also with silver and gold: and [there was] not one feeble [person] among their tribes.

## C. Benefits of Communion.

1. Your Salvation Package contains everything you need for life and godliness.
2. Receiving the Body is one way of bringing into manifestation the healing purchased for you by the stripes of Jesus (1 Pet 2:24).
3. Receiving the Blood is an excellent way to bring the righteousness of God out from your spirit into your members as holiness (Rom 6:16).
4. Protection comes as you move under the covering of the Blood of Jesus by partaking of the Cup of Blessing (1Cor 10:16).

## D. How to Receive Communion.

1. 1 Cor 11:29 For he that eats and drinks unworthily, eats and drinks damnation to himself, not discerning the Lord's body. v30 For this cause many [are] weak and sickly among you, and many sleep.  
Worthily is an adverb that refers to the manner and understanding of receiving communion. You are worthy to receive Communion, not due to your own personal holiness but because Jesus took all your sins. But people do receive Communion in an unworthy manner (i.e., unworthily) because they do not understand what is in their Salvation Package.
2. 1 Peter 2:24 Receive in faith because you know that Jesus took your sins in His body on the tree that you being dead to sin should live unto righteousness and by His stripes you have been healed.
3. 1 John 1:9 Receive in a holy manner by judging yourself and confessing any known sins. Forgive others because unforgiveness blocks all your prayers.
4. 1 Cor 11:24 Receive His Body by reading this verse aloud.  
1 Cor 11:25 Receive His Blood by reading this verse aloud.

**Suggestion:** Receive Communion frequently, at least once per day.